



Welcome to the first issue of our newsletter

You are among the first 1,000 North Carolinians to join our registry and we're excited to have you partner with us. We are proud to build the first registry of this kind in the state. The NC Consortium for Brain Health in Aging created our publically funded registry by bringing together brain health experts from partners across the state. Our mission is to connect our residents with research opportunities to understand and improve brain health, host outreach events to increase awareness about Alzheimer's disease and other dementias, and get the word out about available resources in our communities.

We want us all to focus on our brain health throughout our lifespan. ***We want you to live your best life!*** That's where your partnership comes in. Now and in the future, we will be contacting you about a variety of research opportunities and outreach events in your area that you may want to participate in. Our mission is to reach across our state from the Blue Ridge mountains to the Outer Banks.

By working together we can make a difference for all of us. So as you read through the different sections of our newsletter, you'll learn about us and what we are doing for you and our communities.

Did you know:

- 170,000 North Carolinians age 65+ have Alzheimer's disease
- That number will increase to 210,000 by 2025

This and other sobering statistics from the Alzheimer's Association are what have put our mission into high gear.

Resources in your community:

- Statewide events: DementiaNC.org
- Eastern NC: Alz.org/nc
- Western NC ALZ.ORG/northcarolina

See our research partners below; Stakeholder partners are:

- NC Institute of Medicine
- AARP of North Carolina

