



DEMYSTIFYING CLINICAL RESEARCH

There have been some remarkable breakthroughs in medical research over the last couple of years. For the first time, treatments that can slow down Alzheimer's disease have received FDA approval. Plus, there have been breakthroughs in gene therapies for conditions like cystic fibrosis, and doctors are using artificial intelligence to detect cancer earlier and more accurately.

All of this progress has been possible through careful clinical research, which is how we learn to fight diseases and to improve health care. Research is especially important in our ongoing search for a cure for Alzheimer's disease and other types of dementia.

As a member of the NC Registry for Brain Health, we ask you to consider volunteering for research studies supported through the Registry. We know research can seem a bit mysterious, and we want to change that!

Over the next few newsletters and eblasts, we will share more about clinical research and why it is important. We will explain what clinical research is all about, what it means to participate, and why it is important. We want to make it easy to understand and answer your questions. We hope you find this series helpful. Please send us your questions and suggestions about what you'd like to learn more about [this link](#).

Learn more about brain health research at our website, ncbrainhealth.org

FIND US ON FACEBOOK!



Follow the NC Registry for Brain Health on Facebook for more brain health tips and resources. Find the page by visiting [this link](#) or by searching “ncbrainhealth” or “NC Registry for Brain Health” on Facebook.

BRAIN HEALTH PODCAST FEATURING EXPERT ADVICE AND REAL-LIFE STORIES

Brain Talk is a podcast hosted by Deborah Kan, founder of Being Patient, and journalist Mark Niu. They interview experts on brain health and include experiences of real people living with cognitive decline. Their most popular podcasts from the past year can be found on the [Being Patient's website](#).



FREE DEMENTIA CARE EDUCATIONAL VIDEO SERIES FOR NC CARE PARTNERS



[Dementia Alliance of North Carolina](#) and [Positive Approach to Care](#) are offering their [Accepting the Challenge](#) dementia education videos online for family care partners across North Carolina.

Led by dementia care experts Teepa Snow and Melanie Bunn, this program features:

- 16 on-demand learning modules you can stream anytime, anywhere
- Practical demonstrations and real-world caregiving techniques
- The latest knowledge and insights into dementia care

Take advantage of this amazing opportunity to gain confidence and skills as a caregiver. North Carolina residents can access this resource for free. Learn more and register at [this link](#).



[Managing the Day-to-Day with the Duke Dementia Family Support Program](#)

Tuesday, March 18, 2025 | 2:00 PM Eastern Time | Virtual

The Duke Dementia Family Support Program is hosting a program on managing the day-to-day, presented by Marie Dagger, Occupational Therapist with the Aging Transitions Team at Orange County Department on Aging. Join as Marie Dagger offers tips and strategies to help you successfully manage daily life for your loved one living with memory changes.

Join the event using the [Zoom link](#).

[32nd Annual Triangle Walk to Defeat Dementia](#)

**Sunday, April 27, 2025 | Registration, 1:00 PM;
Walk, 2:30 PM Eastern Time | In-person
201 Fenton Gateway, Cary, NC**

The Dementia Alliance of North Carolina is hosting the Triangle Walk to Defeat Dementia. This will be a day of celebration and remembrance as we take action and provide hope to those living with dementia in North Carolina. The NC Registry for Brain Health has a team walking at the event. If you would like to join our team, register at [this link](#).



[Seminar on Understanding Brain Disorders: A Focus on Dementia](#)

Tuesday, April 29, 2025 | 6:30 PM Eastern Time | Virtual

This free seminar is sponsored by the NC Registry for Brain Health, the Alzheimer's Association, and Wake County Public Libraries. Join us for a program exploring the complexities of dementia. Gain a deeper understanding of its different forms, potential risk factors, and the critical role of early detection. Learn how an early diagnosis can make a difference in care and quality of life. Registration is required. Learn more and register at [this link](#).

For more information, please visit us at www.ncbrainhealth.org



NC Registry for Brain Health